

PROVES D'ACCÉS A LA UNIVERSITAT

PRUEBAS DE ACCESO A LA UNIVERSIDAD

CONVOCATÒRIA: JUNY 2023	CONVOCATORIA: JUNIO 2023
Assignatura: ANGLÈS	Asignatura: INGLÉS

<p>BAREM DE L'EXAMEN: L'alumnat haurà de contestar en el quadernet a totes les preguntes de cadascuna de les cinc qüestions que es plantegen. Podrà contestar bé a les cinc qüestions referides a un sol text (A o B), o bé a les cinc qüestions combinant les referides a cadascun dels textos (A i B).</p> <p>Part I. (6 p.) L'alumnat haurà de contestar a la primera qüestió sobre qualsevol dels dos textos: Qüestió A1 o B1 (2 p.) L'alumnat haurà de contestar a la segona qüestió sobre qualsevol dels dos textos: Qüestió A2 o B2 (1.5 p.) L'alumnat haurà de contestar a la tercera qüestió sobre qualsevol dels dos textos: Qüestió A3 o B3 (1 p.) L'alumnat haurà de contestar a la quarta qüestió sobre qualsevol dels dos textos: Qüestió A4 o B4 (1.5 p.)</p> <p>Part II. (4 p.) L'alumnat triarà un dels exercicis d'expressió escrita: Qüestió A5 o B5.</p>	<p>BAREMO DEL EXAMEN: El alumnado tendrá que contestar en el cuadernillo a todas las preguntas de cada una de las cinco cuestiones que se plantean. Podrá contestar bien a las cinco cuestiones referidas a un solo texto (A o B), o bien a las cinco cuestiones combinando las referidas a cada uno de los textos (A y B):</p> <p>Parte I. (6 p.) El alumnado tendrá que contestar a la primera cuestión sobre cualquiera de los dos textos: Cuestión A1 o B1 (2 p.) El alumnado tendrá que contestar a la segunda cuestión sobre cualquiera de los dos textos: Cuestión A2 o B2 (1.5 p.) El alumnado tendrá que contestar a la tercera cuestión sobre cualquiera de los dos textos: Cuestión A3 o B3 (1 p.) El alumnado tendrá que contestar a la cuarta cuestión sobre cualquiera de los dos textos: Cuestión A4 o B4 (1.5 p.)</p> <p>Parte II. (4 p.) El alumnado elegirá uno de los ejercicios de expresión escrita: Cuestión A5 o B5.</p>
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TEXT A/TEXTO A

YOUNG PEOPLE TO BE PRESCRIBED SURFING AND DANCING TO HELP ANXIETY

Young people will take part in surfing, roller-skating and gardening to see whether sport, the arts and outdoor activities can make them less anxious and depressed.

National Health Service (NHS) mental health trusts will use the activities to help 600 young people on their waiting lists for care as part of a study into whether “social prescribing” helps improve mental wellbeing. People aged 11 to 18 in 10 parts of England will also be able to take part in dance, music, sport and exercise and attend youth clubs during the trial, which is being run by academics from University College London (UCL). If participation proves successful the NHS may seek to make such activities available across England as a way of helping the many thousands of young people who face what can be months-long delays in accessing formal treatment, during which time their condition often worsens.

“Young people’s mental health is one of the greatest challenges facing the NHS,” said Dr. Daisy Fancourt, the UCL mental health expert running the trial: “Social prescribing has the potential to support young people while they wait, by providing access to a range of creative and social activities that could enhance their confidence, self-esteem and social support networks.”

Fancourt and her team will assess how much young people participate, the feasibility of making such activities available and the costs involved. Participants will be able to choose which pursuits they want to try, aided by a link worker or “buddy,” in conjunction with 10 NHS mental health trusts.

Adapted from an article by Denis Campbell, *The Guardian*, 25-10-2022

Part I. Reading Comprehension

A1. Answer the following questions using your own words but taking into account the information in the text. (2 points: 1 point each)

- a. Why are young people prescribed these activities?
- b. Which are the potential benefits of these practices according to Dr. Fancourt?

A2. Are the following statements true (T) or false (F)? Identify the part of the text that supports your answer by copying the exact passage on the answer sheet. (1.5 points: 0.5 each)

- a. The mental condition of young people in waiting lists often aggravates.
- b. Teenagers from UCL will also participate in the study.
- c. Participants in Dr. Fancourt's study will choose their preferred activity with their buddies.

A3. Find a synonym for each of the four words below from these six options. All words are underlined in the text (1 point: 0.25 each)

prescribing *successful* *seek* *available* *running* *assess*

- a. try
- b. fruitful
- c. leading
- d. evaluate

A4. Choose a, b, or c, in each question below. Only one choice is correct. (1.5 points: 0.5 each)

1. The purpose of the study is to find out whether these social activities...
 - a) improve the mental health of youngsters.
 - b) need further promotion among youngsters from UCL.
 - c) should be included in UCL.
2. People aged 11 to 18 who take part in the study may...
 - a) travel across 10 parts of England to get to UCL.
 - b) participate in youth clubs, music or sports.
 - c) attend the academies at the UCL Campus.
3. Dr. Fancourt and colleagues will estimate...
 - a) the costs of attending youth clubs.
 - b) the costs of the trial.
 - c) the expenses of running the NHS.

Part II. Composition (130 to 150 words approximately) (4 points)

A5. Do you think that social activities and sport are important for mental health? Give reasons.

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TEXT B/TEXTO B

TOP GEN Z TRENDS OF 2023 TO LOOK FORWARD TO IN THE NEW YEAR

Gen Z or Generation Z (those born between 1997 and 2012) is heavily influenced by technology and easy access to information on the Internet. More than any other generation, Gen Zers have easy reach to a cell phone and even the oldest members of this age group are aware of the top trends on social media and are concerned about their digital image.

A survey conducted by Instagram called it one of the most ethically conscious generations ever. Gen Z consumers are particular about opting for ethical and sustainable brands and two out of three respondents prefer buying beauty products that incorporate sun protection to protect themselves from damaging rays and invest in skincare routines that help during hotter temperatures.

This generation also cares deeply about social justice and disability rights and is likely to follow influencers with any kind of intellectual or physical disability. Another top Gen Z trend is to advocate for inclusivity and speak openly about the LGBTQ+ community. Rising mental health concerns seem to be another Gen Z trend. They often complain of mental health and consider it to be a major factor in disrupting the work environment and efficiency and it also reflects on their physical health.

When it comes to dating, many feel more comfortable talking via text than in person and wondering what their first message would be. Memes get a mixed review. Gen Zers are more likely to use social media platforms like Instagram for online dating instead of swiping on dating apps.

Adapted from an article by Trinetra Pau, *Lifestyle Asia Hong Kong*, 4-1-2023

Part I. Reading Comprehension

B1. Answer the following questions using your own words but taking into account the information in the text. (2 points: 1 point each)

- a. Which beauty products does Gen Z prefer?
- b. Why is Gen Z so concerned about mental health?

B2. Are the following statements true (T) or false (F)? Identify the part of the text that supports your answer by copying the exact passage on the answer sheet. (1.5 points: 0.5 each)

- a. Very few Gen Z consumers use sunscreen.
- b. This generation will probably follow disabled influencers.
- c. Gen Z prefers to establish first contact face-to-face rather than virtually.

B3. Find a synonym for each of the four words below from these six options. All words are underlined in the text (1 point: 0.25 each)

trends *brands* *routines* *cares* *rights* *reflects*

- a. shows
- b. tendencies
- c. minds
- d. trademarks

B4. Choose a, b, or c, in each question below. Only one choice is correct. (1.5 points: 0.5 each)

1. One of the main Gen Z trends is...
 - a) inclusivity.
 - b) efficiency.
 - c) dating.
2. Mental health...
 - a) has an impact on physical health.
 - b) interferes when dating.
 - c) is a major factor when finding a job.
3. Gen Zers...
 - a) love dating apps.
 - b) prefer platforms.
 - c) use dating apps more than platforms.

Part II. Composition (130 to 150 words approximately) (4 points)

B5. Are you a typical Gen Z person? Give reasons.